




Gadsden City High School

Home of the TITANS

March Grab N Go

| <i>Sun</i> | <i>Mon</i> | <i>Tue</i> | <i>Wed</i> | <i>Thu</i> | <i>Fri</i> | <i>Sat</i> |
|--|---|--|--|---|---|---|
| | Sausage Biscuit | Grits, Bacon, Baked Apples & Toast | Chicken Biscuit | Ham & Cheese Croissant | Manager's Special or Fruit Parfait | |
| | | | 1 Chicken Fettuccini Alfredo Steamed Broccoli Greek Salad Breadstick Fruit Cocktail/ Choice of Milk Early Release | 2 Grilled Chicken Rice Pilaf Grilled Asparagus & Carrots Black Beans/Garlic Bread Orange Slices/Milk | 3 Mexican Pizza Refried Beans Garden Salad w/Dressing Mexican Corn Chips & Salsa Banana/Choice of Milk | 4 |
| <p align="center">MEAL COST Student Lunch: \$2.75 w/milk (all other drinks extra) Faculty/Staff Lunch: \$3.50 (includes cup of tea or milk) Visitor: \$4.00 (includes cup of tea or milk) Extra Entrée: \$1.25 Extra Veggie-Salad-Fruit-Bread: \$1.00 Fountain Drink: \$.75-\$1.00per cup - Bottled drinks: \$1.00-\$1.50</p> | | | | | | |
| 5 | 6 Baked Zita Sautéed Zucchini & Egg Plant Cinnamon Roll Garden Salad/ Dressing | 7 Smoked Sausage Dog Chili/Sour Kraut/Onion Baked Beans Corn Relish Coleslaw/Crackers Apple/ Choice of Milk | 8 Choice of Meatball or Buffalo Chicken Sub Lettuce/Spinach/Onions Peppers/Olives/Tomato Baked Beans/Broccoli Salad Fruit Cocktail Choice of Chips & Milk | 9 Beef Tips w/Rice Peppers & Onions Grilled Asparagus Lima Beans/WW Roll Garden Salad/ Dressing Peach Cobbler/Choice of Milk | 10 Pizza French Fries Sautéed Carrots Garden Salad Mandarin Oranges/ Milk | 11 |
| 12 | 13 Cheese Burger Let/Onions/Tomatoes Macaroni Salad Potato Wedges Fruit Salad/Choice of Milk | 14 Chicken Tacos (2) Mexicali Corn Mexican Rice Refried Beans Chips & Salsa Sour Cream, Let, Tom, Orange Slices, Choice of Milk | 15 Pork Chops Grilled Veggies Baked Potato Butter & Sour Cream Garden Salad/ Dressing Cinnamon Roll Apple/ Choice of Milk | 16 Pizza Sweet Potato Fries Baked Beans Raw Vegetables Garden Salad/ Ranch Apple/ Choice of Milk | 17 Sliced Pork/BbQ Sauce Baked Beans Cabbage Garden Salad/dressing Cornbread Lime Fruited Jello /Milk | 18 |
| 19 | 20 Chicken Quesadillas Sour Cream, Lettuce, Tomato Chips/ Guacamole Pico De Galo Refried Beans Apple/ Choice of Milk | 21 Sloppy Joe Baked Beans Potato, Carrots, & Onions Broccoli Salad/ Crackers Mango Cups/ Choice of Milk | 22 Asian Chicken Fried Rice/Eggroll Steamed Broccoli Oriental Pasta/Crackers Garden Salad w/Dressing Pineapple Chunks/ Choice of Milk | 23 Fish Sandwich Sweet Potato Steamed Broccoli Corn on the Cob Clementine/ Choice of Milk | 24 Pizza French Fries Sautéed Carrots Garden Salad Mandarin Oranges/ | 25  This institution is an equal opportunity provider |
| <p align="center">VARIETY AVAILABLE DAILY FRUIT PARFAIT FRESH FRUIT CUP FRESH GRAB-N-GO SALADS BOXED LUNCHES/PBJ BOXES</p> | | | Spring Break | 30 Spring Break | 31 Spring Bre | 2017 |