



Gadsden City High School

Home of the TITANS

January Homestyle Menu						
<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
	Happy New Year!	1 NO SCHOOL!	2 NO SCHOOL!	3 NO SCHOOL!	4 INSERVICE DAY!	5
6	7 Salisbury Steak Cream Potatoes English Peas & Carrots Breaded Squash WW Roll Fruit/Choice of Milk	8 Cheesy Lasagna Rolls Garden Salad w/Ranch Steamed Corn WW Breadstick Fruit Choice of Milk	9 Chicken Fajita Wrap Peppers & Onions Lettuce/Tomato/Cheese Chips & Salsa Refried Beans Fruit/Choice of Milk	10 Homestyle Chili Grilled Cheese ½ Baked Potato Garden Salad w/Ranch Crackers/Cookie Raw Veggies Fruit/Choice of Milk	11 BBQ Chicken Sandwich Lettuce/Tomato/Onion Baked Beans Steamed Broccoli Roasted Potatoes Cookie Fruit/Choice of Milk	12
13	14 Chicken Casserole Breaded Okra Lima Beans Glazed Carrots WW Roll Fruit/Choice of Milk	15 Country Fried Steak Brown Rice w/Gravy English Peas Steamed Broccoli WW Roll Fruit/Choice of Milk	16 Chicken Sandwich Lettuce/Tomato/Onion Olives/Peppers Chips & Salsa Baked Beans Fruit/Milk	17 Spaghetti Garden Salad w/Dressing Corn Nuggets Steamed Broccoli Breadstick Fruit/Choice of Milk	18 Chicken Taco Soup Grilled Cheese Garden Salad w/Fixings Tator Tots Crackers/Fruit Choice of Milk	19
20	21 MLK DAY NO SCHOOL!	22 Chicken Fingers Cream Potatoes English Peas & Carrots WW Roll Fruit Choice of Milk	23 Cheesy Beef Nachos Lettuce/Tomato/Onion Jalapenos/Salsa Tortilla Chips Refried Beans Fruit/Choice of Milk	24 Smoked Sausage Red Beans & Rice Peppers/Onions & Kraut Roasted Potatoes Cornbread/Fruit Choc. Chip Cookie/Milk	25 Variety of Pizza Garden Salad w/Ranch Whole Kernel Corn French Fries Fruit Choice of Milk	26
27	28 Crispitos Chili/Cheese/Jalapeno Mexican Beans Mexican Rice Raw Veggies w/Ranch Fruit Choice of Milk	29 Meatloaf Creamed Potatoes Steamed Cabbage Pinto Beans Roll Fruit/Choice of Milk	30 Sub Sandwich Lettuce/Tomato/Cheese Peppers/Olives/Jalapeno Chips & Salsa Raw Veggies w/Ranch Fruit/Choice of Milk	31 Chicken Alfredo Glazed Carrots Breaded Okra Garden Salad w/Ranch Roll Fruit/Choice of Milk		

This institution is an equal opportunity provider

MEAL COST
 Student Lunch: \$2.75 w/milk (all other drinks extra)
 Faculty/Staff Lunch: \$3.50 (includes cup of tea or milk)
 Visitor: \$4.00 (includes cup of tea or milk)
 Extra Entrée: \$1.25 Extra Veggie-Salad-Fruit-Bread: \$1.00
 Fountain Drink: \$.75-\$1.00per cup - Bottled drinks: \$1.00-\$1.50

2019