




Gadsden City High School

Home of the TITANS

March Grab N Go

VARIETY AVAILABLE DAILY
FRUIT PARFAIT
FRESH FRUIT CUP
FRESH GRAB-N-GO SALADS
BOXED LUNCHES/PBJ BOXES

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
				1	2	3
				Grilled Chicken Rice Pilaf Grilled Asparagus & Carrots Black Beans/Garlic Bread Orange Slices Choice of Milk	Mexican Pizza Refried Beans Garden Salad w/Dressing Mexican Corn Chips & Salsa Banana/Choice of Milk	
				4	5	6
					Fish Sandwich Sweet Potato Steamed Broccoli Corn on the Cob Clementine/ Choice of Milk	Smoked Sausage Dog Chili/Sour Kraut/Onion Baked Beans Corn Relish Coleslaw/Crackers Apple/ Choice of Milk
				7	8	9
				Chicken Fajita Wrap Sautéed Peppers & Onions Mexican Rice Refried Beans Lettuce/Tomato/Onion Tortilla Chips/Salsa Pineapple/Choice of Milk	Beef Tips w/Rice Peppers & Onions Grilled Asparagus Lima Beans/ Roll Garden Salad/ Dressing Peach Cobbler/Choice of Milk	Pizza French Fries Sautéed Carrots Garden Salad Mandarin Oranges Choice of Milk
				10	11	12
						Cheese Burger Let/Onions/Tomatoes Macaroni Salad Potato Wedges Fruit Salad/Choice of Milk
				13	14	15
				Loaded BBQ Baked Potato Garden Salad w/Ranch Grilled Corn on the Cob Texas Toast Applesauce/Animal Crackers Choice of Milk	Pork Chops Grilled Veggies Baked Potato Butter & Sour Cream Garden Salad/ Dressing Cinnamon Roll/Club Crackers Apple/ Choice of Milk	Hot Dog/Corn Dog Chili/Kraut/Onion/Cheese Chips & Salsa Carrot Sticks w/Ranch Banana Choice of Milk
				16	17	18
				Pizza Sweet Potato Fries Baked Beans Raw Vegetables Garden Salad/ Ranch Apple/ Choice of Milk		
				19	20	21
				Chicken Quesadillas Sour Cream, Lettuce, Tomato Chips/ Guacamole Pico De Galo Refried Beans Apple/ Choice of Milk	Sloppy Joe Baked Beans Potato, Carrots, & Onions Broccoli Salad/ Crackers Mango Cups/ Choice of Milk	Asian Chicken Fried Rice/Eggroll Steamed Broccoli Oriental Pasta/Crackers Garden Salad w/Dressing Pineapple Chunks/ Choice of Milk
				22	23	24
				Turkey & Cheese Wrap Lettuce/Tomato/Pickle Broccoli Salad w/Crackers Carrot & Celery w/Ranch Choice of Sun Chips Four Bean Salad Applesauce/Choice of Milk	Sub Sandwich Lettuce/Tomato/Onion Onion/Olives/Peppers Tortilla Chips w/Salsa Baked Beans Fresh Apple Choice of Milk	GADSDEN CITY HIGH SCHOOL 
25	26	27	28	29	30	
	Spring Break	Spring Break	Spring Break	Spring Break	Spring Break	

MEAL COST
Student Lunch: \$2.75 w/milk (all other drinks extra)
Faculty/Staff Lunch: \$3.50 (includes cup of tea or milk)
Visitor: \$4.00 (includes cup of tea or milk)
Extra Entrée: \$1.25 Extra Veggie-Salad-Fruit-Bread: \$1.00
Fountain Drink: \$.75-\$1.00per cup - Bottled drinks: \$1.00-\$1.50

2018