



Gadsden City High School

Home of the **TITANS**

November Grab & Go

MEAL COST
 Student Lunch: \$2.75 w/milk (all other drinks extra)
 Faculty/Staff Lunch: \$3.50 (includes cup of tea or milk)
 Visitor: \$4.00 (includes cup of tea or milk)
 Extra Entrée: \$1.25 Extra Veggie-Salad-Fruit-Bread: \$1.00
 Fountain Drink: \$.75-\$1.00per cup - Bottled drinks: \$1.00-\$1.50

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Cinnamon Toast w/Oatmeal & Sausage	Chicken Biscuit	Bacon, Egg, & Cheese Flatbread	Pancakes & Sausage	Manager's Special or Fruit Parfait	
VARIETY AVAILABLE DAILY FRUIT PARFAIT FRESH FRUIT CUP FRESH GRAB-N-GO SALADS BOXED LUNCHESES/PBJ BOXES			1 Fish Nuggets (4) Sweet Potato Green Beans/Coleslaw Garden Salad w/Fixings Hushpuppies (3) Apple/Choice of Milk	2 Cheese Sticks w/Marinara French Fries Green Beans Glazed Carrots Garden Salad w/Ranch Orange Choice of Milk	3 Hot Wings Baked Beans Sweet Potato Fries Garlic Toast Celery Sticks/ Ranch Garden Salad w/ Fixings Strawberry Cup/ Choice of Milk	4
			5	6 Beef Stew Grilled Cheese Breaded Squash Garden Salad/ Fixings Apple/ Choice of Milk	7 Chicken Fajita Quesadilla Sautéed Peppers & Onions Refried Beans Chips & Salsa Fiesta Bar Pineapples/Choice of Milk	8 Corn Dog Tortilla Chips/ Ro Tel Dip Baked Beans/Pasta Salad Raw Veggies w/Ranch Apple/Choice of Milk
12	13 Pancakes (2) & Syrup Sausage Patty Hashbrown Casserole Orange Glazed Carrots Baked Apples 4oz Juice/ Milk	14 Beef Nachos w/cheese Garden Salad w/Ranch Refried Beans/Sour Cream Whole Kernel Corn Jalapenos/Onions Apple/Choice of Milk	15 Chicken Nuggets Cream Potatoes Great Northern Beans Garden Salad w/Ranch Corn Bread Banana/Choice of Milk	16 Pizza Whole Kernel Corn Carrots Garden Salad/Ranch Apple/Choice of Milk	17 Turkey/Bacon/Cheese on Flatbread Lettuce/Tomato/onion Four Bean Salad Tortilla Chips & Salsa Diced Pears Choice of Milk	18
19	20 Thanksgiving Break	21 Thanksgiving Break	22 Thanksgiving Break	23 Thanksgiving Break	24 Thanksgiving Break	25
26	27 Taco Salad w/hot Chips Let/tom/onion/olives/jal Black Beans Fiesta Corn Apple/ Choice of Milk	28 Honey BBQ Nuggets Creamed Potatoes Steamed Broccoli Cinnamon Roll Fresh Fruit Salad Choice of Milk	29 Sloppy Joe Sandwich French Fries/Crackers Baked Beans Garden Salad w/Fixings Apple/Choice of Milk	30 Asian Chicken (Generals or Orange) Fried Rice/Asian Pasta Steamed Broccoli Egg Roll Pineapples/ Choice of Milk		

This institution is an equal opportunity provider

2017