



Gadsden City High School

Home of the TITANS

2018

October Home Style Menu

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
	1 Chicken & Dumplings Baked Sweet Potato Raw Veggies w/Ranch Sugar Cookie Fruit Choice of Milk	2 Cheesy Beef Grodita Lettuce/Tomato/Onion Mexican Beans Chips w/Salsa Fruit Choice of Milk	3 Spicy Chicken Sandwich Lettuce/Tomato/Pickle Roasted Potatoes Baked Beans Pasta Salad Fruit/Choice of Milk	4 Meatloaf Cream Potatoes Pinto Beans Turnip Greens Cornbread Fruit/Choice of Milk	5 <u>HOMECOMING</u> PB & J Sandwich Salsa Sun Chips Raw Veggies w/Ranch Fruit Choice of Milk	6
7	8 Country Fried Steak Brown Rice w/Gravy Peas & Carrots Steamed Broccoli WW Roll Fruit Choice of Milk	9 Chicken Parmesan Corn on the Cob Garden Salad w/Ranch Breaded Okra WW Roll Fruit/Choice of Milk	10 Chicken Fajita Wrap Sautéed Peppers & Onions Lettuce/Tomato/Onions Bean Dip/Salsa Tortilla Chips Fruit/Choice of Milk	11 Sloppy Joes Onion Rings Baked Beans Raw Veggies/Crackers Fruit Choice of Milk	12 Cheese Sticks Marinara Sauce French Fries Garden Salad w/Fixings Fruit Choice of Milk	13
14	15 Fall Break No School!	16 Inservice Day!	17 Crisпитos Chili/Cheese Mexican Bean Dip Whole Kernel Corn Tortilla Chips w/Salsa Fruit Choice of Milk	18 Home-style Chili Grilled Cheese Tator Tots Garden Salad w/Fixings Choc. Chip Cookie Crackers/Fruit Choice of Milk	19 Chicken Tetrazzini Steamed Broccoli w/Cheese Breaded Okra Glazed Carrots WW Breadstick Fruit/Choice of Milk	20
21	22 Taco Salad Lettuce/Tomato/Cheese Jalapenos/Salsa Corn Chips Refried Beans Whole Kernel Corn Fruit Choice of Milk	23 Baked Chicken Steamed Cabbage Blackeye Peas Cream Potatoes Corn Bread Fruit Choice of Milk	24 Broccoli & Cheese Soup Ham & Cheese Sandwich Raw Veggies w/Ranch Baked Potato w/Fixings Fruit Choice of Milk	25 Sweet & Sour Chicken Fried Rice Oriental Pasta Vegetable Stir Fry Egg Roll Fruit Choice of Milk	26 Beefaroni Garden Salad w/Fixings Tator Tots Corn on the Cob Garlic Breadsticks Peanut butter Cookie Fruit Choice of Milk	27
28	29 Smoked Sausage Red Beans & Rice Peppers/AOnions/Kraut Roasted Potatoes Cornbread Fruit Choice of Milk	30 Lasagna Rolls Garden Salad w/Fixings Whole Kernel Corn WW Breadstick Fruit Choice of Milk	31 Cheeseburger Lettuce/Tomato/Pickle Baked Beans Raw Veggies w/Ranch Halloween Cake WG Crackers Fruit/Choice of Milk			
					<p align="center">MEAL COST Student Lunch: \$2.75 w/milk (all other drinks extra) Faculty/Staff Lunch: \$3.50 (includes cup of tea or milk) Visitor: \$4.00 (includes cup of tea or milk) Extra Entrée: \$1.25 Extra Veggie-Salad-Fruit-Bread: \$1.00 Fountain Drink: \$.75-\$1.00per cup - Bottled drinks: \$1.00-\$1.50</p>	