Gadsden City High

OCTOBER LUNCH MENU

2023

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|---|---|---|--|---|-----|
| | 2 Salisbury Steak Cream Potatoes English Peas & Carrots WW Roll Mixed Fruit Choice of Milk | 3 2 Pancakes w/syrup Egg Patty Sausage Patty Hash brown Casserole Sliced Tomatoes Apple/Choice of Milk | 4 Sweet &Sour Chicken Fried Rice w/Veggies Steamed Broccoli Corn Nuggets WW Roll Orange/Choice of Milk | 5 Spaghetti Garden Salad w/Ranch Glazed Carrots Garlic Breadstick Banana Choice of Milk | 6 <u>Homecoming</u> PB &J Sandwich Tortilla Chips & Salsa Carrots w/Ranch Apple Choice of Milk | |
| | 9 No School! Fall Break! | 10 No School! Inservice Day! | 11 Cheese Pizza Garden Salad w/Ranch Whole Kernel Corn Chips & Salsa Sliced Pears Choice of Milk | 12 Sloppy Joe Roasted Potatoes Broccoli w/Cheese Baked Beans Crackers/Apple Choice of Milk | 13 Turkey & Cheese Sandwich Lettuce/Tomato/Pickle Tortilla Chips/Salsa Pasta Salad Banana/Choice of Milk | |
| | 16 Chicken Casserole Roasted Potatoes Glazed Carrots WW Roll Mixed Fruit Choice of Milk | 17 Crispitoes Cheese/Jalapeno Mexican Beans Fiesta Corn Pineapple Chunks Choice of Milk | 18 Grilled Hot Dog Chili/Kraut/Onions Coleslaw Tortilla Chips w//Salsa Banana Choice of Milk | 19 Beef Hoagie Sandwich Lettuce Tomato Pickle Baked Beans Chips & Salsa Oranges/Choice of Milk | 20 Cheese Sticks Marinara Sauce Garden Salad w/Ranch Whole Kernel Corn Sliced Pears Choice of Milk | |
| | 23 Beef Tips w/Gravy Brown Rice Steamed Broccoli Glazed Carrots Corn/Roll Apple/Choice of Milk | 24 E-Learning Day! | 25 Taco Salad Lettuce/Tomato/Cheese Refried Beans Chips w/Salsa Plums Choice of Milk | 26 Chicken Alfredo Garden Salad w/Ranch Corn Nuggets Breadstick Cookie Banana/Choice of Milk | 27 Cheeseburger Lettuce/Tomato/Pickle Baked Beans Pasta Salad Cookie/Apple Choice of Milk | |
| | 30Chicken Fajita Wrap Lettuce Tomato Cheese Whole Kernel Corn Chips & Salsa Refried Beans Sliced Peaches Choice of Milk | 31 <u>Halloween</u> Cheeseburger Lettuce Tomato Pickle Baked Beans Chips & Salsa Cookie/Banana Choice of Milk | 1 Chicken Nuggets Cream Potatoes Green Beans Roll Mixed Fruit Choice of Milk | 2 <u>Thanksgiving Meal</u> Turkey & Dressing Cream Potatoes/Gravy Green Beans Sweet Potato Casserole Roll/Cranberry Sauce Apple/Choice of Milk | 3 Cheese Pizza Garden Salad w/Ranch Whole Kernel Corn Chips & Salsa Pineapple Chunks Choice of Milk | |

Students EAT FREE Faculty/Staff Lunch: \$4.50 includes Tea—Visitor Lunch: \$4.75 includes Tea

Extra Entrée: \$1.50 – Extra Veggie \$1.25—Bottle Drinks: \$1.00-\$1.50 "Equal Opportunity Provider" "Menu is subject to change"